



ASTUMBO ELEMENTARY SCHOOL

# Butterfly Chronicle

JANUARY 2023

## GDDE

### MISSION STATEMENT:

Our educational community... prepares all students for life, promotes excellence, and provides support.

## GDDE

### VISION STATEMENT:

Every student responsible, respectful, and ready for life.

### SCHOOL MISSION STATEMENT:

"To give our students the opportunity to learn, promote academic and social skills, and to provide support to become responsible and productive citizens."

### SCHOOL LEARNER OUTCOMES (SLOS):

A - Academic Achievers  
T - Technology Literate Team Builders  
E - Empathetic Citizens  
S - Socially Responsible Citizens

### CONTACT US:

255 Chalan Hachon,  
Dededo, Guam 96929

Phone #: 671-635-4363

Instagram: astumboelementary

Facebook: AsTumbo Elementary School

Email: astumboes@gdoe.net

Website: www.astumboelementary.weebly.com

# HAPPY NEW YEAR

## A MESSAGE FROM OUR PRINCIPAL

Hafa adai Parents/Guardians,

Happy New Year! We hope you all had a wonderful holiday season with your families! We were faced with challenges that we could not have imagined in the past three years however, we will continue to persevere as we come to a sense of normalcy once again. As we continue to push forward to make each day better than the last. As we begin 2023, we are quickly approaching the end of Quarter 2 and Semester 1. Therefore, for planning purposes please take note of the Parent Teacher conference that is scheduled on January 13, 2023. More information will be forthcoming.

In retrospect, Astumbo Elementary has provided opportunities for the first part of the school year for our school stakeholders to be active participants with our school activities and programs culminating with our Christmas Performance – "The Magic of Christmas". The performances were fantastic. The students worked very hard and their effort showed when it came time to perform. The students were thrilled to see their parents/guardians and extended families watch their Christmas performance. Again, thank you to our students, teachers, support staff, and parents who made the event successful!

As we look forward to welcoming 2023, let us continue to maintain our focus on our students and accomplish to raise student achievement by strengthening the home and school connection throughout the remainder of the school year. This success is only possible if we "all" intentionally work together. As I quote a Chinese Proverb, "A journey with a thousand miles must begin with a single step." So in moving forward this 2023 school year, let us all remain positive, focused, and take the steps on the road to success for all our students.

We appreciate your partnership to continue to make the rest of this school year an exciting and successful year for our students. Thank you in advance for your continuous support and commitment. **Wishing you a happy, healthy, and abundant 2023! Once again, Happy New Year!**

**MRS. JOSEPHINE PAREL-FONTBUENA**



# SAFETY FIRST

We are committed to the continuity of learning for our students therefore protecting the health and safety of our students and families, and employees is a priority. With that said, we need to make necessary adjustments on how we will educate our students and the need to follow certain health and safety guidelines.

## STUDENT ARRIVAL

School Gates open at 7:15am for students. Students are not allowed on campus before 7:15am. All students are encouraged to wear a face mask/covering upon entry into the school campus. Temperature checks upon arrival and adherence of physical distancing will take place on campus. We would like to inform our parents/guardians that Astumbo Elementary is enforcing a "DROP and GO" morning Drop Off procedure. Please drop your child/children at the drop off (Car Riders) area located in front of the main office. Once your child/children have passed the temperature check and health screening, a staff member will inform you that you may leave.

## OFFICE HOURS/MEETINGS/ REQUEST FOR SCHOOL DOCUMENTS

Main Office Hours will be from 8:30am to 2:00pm. Only two (2) visitors are allowed in the main office lobby. Please ring the doorbell for assistance. All visitor(s) or Parent/Guardian meetings will be by appointment only to address any concerns or to request for school documents/withdrawals/registration or unless arranged by the school administrator or office staff.

## VISITORS

Please be aware that as per GDOE policy, all visitors are required to sign in at the main office. Please note that "Any person found on school campus without permission from the principal shall be guilty of a misdemeanor". Government Code of Guam, Section 11503. This is to ensure protection and safety of our faculty/staff and students on campus.

Visitors will be entertained from 8:30am to 2:00pm. Visitors will not be entertained during student arrivals and dismissals to avoid congestion. All visitors will adhere to the following guidelines:

- \* All Visitors are encouraged to wear a face mask/covering upon entry into the school campus.
- \* All visitors are required to check into the main gate with the Gate keeper.
- \* Gate keeper will conduct the COVID -19 Symptom Screening and a required temperature check before proceeding into the school campus. Furthermore, no entry will be granted if temperature is 100 degrees Fahrenheit or above, in accordance with DPHSS guidelines.

Once on campus, all visitor(s) will adhere to the maximum capacity of each area and CDC physical/social distance guidelines of 6 feet apart. Also, follow the markings placed on the floorings.

## FRONT AND BACK GATE WALKERS

Front and back gate opens at 7:15am and closes at 8:15am. Student(s) are to wait at the front/back walker gate until a staff opens the gate. Student(s) are to adhere to 6 feet social/physical distancing by the walkers gates. Floor markings of 6 feet distancing requirement will need to be followed. Students are encouraged to wear a mask covering once they enter the school campus. They will also go through temperature check and health screening.

## DISMISSAL

Please take note that dismissal is at 2:43pm, once all the buses leave the campus, to minimize the exposure on campus, parents will not be allowed to enter the campus to pick up their children. We ask that you wait by the front/back gate as your child is escorted to the designated gate. Please keep the 6ft physical distancing and to wear your masks. On rainy days, please be prepared to bring an umbrella or raincoat when you pick up your child/children. There may be a delay in releasing your children as we wait for the rain to subside.

For walkers and student pick-up, both the main walker's entrance gate and the main gate will close at 2:00pm, and will re-open at 2:43pm.

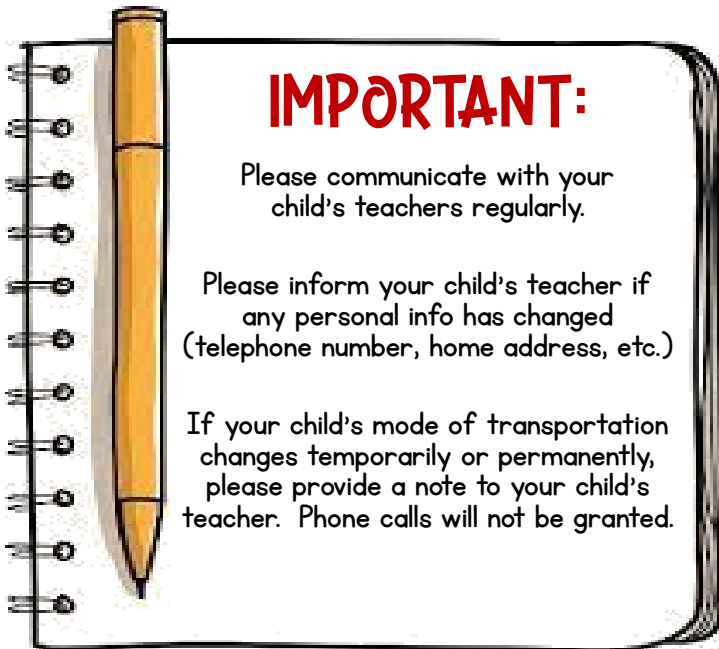
For the safety of everyone, your continued support and cooperation in adhering with the drop-off and dismissal procedures is greatly appreciated. We also ask for your patience, as we think of the safety of everyone.



# JANUARY

happy new year 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 Professional Development No Classes	4 Professional Development No Classes	5 Classes Resume	6	7
8	9	10	11	12	13 Parent Teacher Conference	14
15	16 Martin Luther King, Jr. Day—No Classes	17	18	19	20	21
22	23	24	25	26 PTO MEETING @ 6PM	27	28
29	30	31				



**IMPORTANT:**

Please communicate with your child's teachers regularly.

Please inform your child's teacher if any personal info has changed (telephone number, home address, etc.)

If your child's mode of transportation changes temporarily or permanently, please provide a note to your child's teacher. Phone calls will not be granted.

## CHECKLIST FOR FACE TO FACE LEARNING

- ☑ **Temperature Check:** Do a temperature check and visual symptoms screening.
- ☑ **Face Mask:** Highly encouraged but optional.
- ☑ **Hand Sanitizer:** Please label and have your child carry their personal hand sanitizer for their use only.



Please be advised that effective immediately, our **GDOE school nurse offices** will require **mandatory mask use** and implement the physical distancing requirements based on DPHSS guidance. If a student does not have a mask, masks are available in the Main Office.



## NURSE'S CORNER



# Astumbo Head Start



## Newsletter



JANUARY 2022

Dear Parents,

As we end the year of 2022, Ms. Roshelle and I, alongside with Ms. Lina and Ms. Faith, would like to wish you and your family a Bountiful Christmas and Prosperous New Year!!! May the coming holidays be filled with joy and peace as we welcome Year 2023.

As we continue featuring the "The Road Study," the children will explore different types of roads. They will investigate the features of roads, how roads helps us, how roads are made and repaired, how we can make a road, and how to be safe in the road.

Then on mid-January, we will jump into "Light Study." In this study, children will engage to have a hands-on investigation of familiar lights source, such as flashlights, lamps, etc. In addition to that, children will identify what objects make lights, discover how to turn on and off, investigate ways people use lights and experiment with using solid and transparent objects to block light. More addition will be forth coming.

As always, thank you for your continuous support to our Head Start Kids!

-Ms. Moody & Ms. Roshelle

Teaching Staff Contact:

**Mrs. Quitugua:** [mbquitugua@gdoe.net](mailto:mbquitugua@gdoe.net)  
(671) 707-2716

**Ms. Roshelle:** [rceligio@gdoe.net](mailto:rceligio@gdoe.net)  
(671) 998-1407

Family Service Worker:

**Ms. Faith:** [fqleonguerrero@gdoe.net](mailto:fqleonguerrero@gdoe.net)  
797-5322

### Focus Objectives of the Month

- Letters & Sounds: Aa-Zz
- Identifying numbers: 11-15
- Counting 1-20
- 3D-Shapes: cylinder, cone, cube, sphere
- Practice writing full name, letters & numbers
- Practice cutting
- Spelling full name

### Important dates to remember:

- January 3-4- Professional Development (No School)
- January 5- Resume Classess
- January 9: CLPG Meeting
- January 13: Parent Teacher Conference
- January 16: Marthin Luther King (Holiday)

**Happy Birthday:** Jakobi Yun – January 19th



# KINDERGARTEN

Happy New Year Parents/Guardians!

Please continue to practice these kindergarten skills throughout the school year, with your child.

## ELA

- Spell first and last name orally, capitalizing the first letters.
- Recognize and write first and last name using proper spacing.
- Recognize all upper and lower case letters of the alphabet.  
Aa Bb Cc Dd Ee Ff Gg Hh Ii Jj Kk Ll Mm Nn Oo Pp Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz
- Review all letter sounds.  
a b c d e f g h i j k l m n o p q r s t u v w x y z sh oo ch th
- 25 sight words:

I can the we see a like to  
and go you do my are he with  
is she was for have of they  
this has

- Review Beginning, middle and ending sounds for CVC (Consonant Vowel Consonant) words.  
Ex: cat, hat, bat
- Review Rhyming words. (Words that have the same ending sound) Bat, Cat, Fat, Hat, Mat, Pat, Rat

## MATH

- Recognize, oral count and write numbers up to 100.  
0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17  
18 19 20 21 22 23 24 25 26 27 28 29 30 31 32  
33 34 35 36 37 38 39 40 41 42 43 44 45 46 47  
48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63  
64 65 66 67 68 69 70 71 72 73 74 75 76 77 78  
79 80 81 82 83 84 85 86 87 88 89 90 91 92 93  
94 95 96 97 98 99 100

- Oral counting by 2's, 5's and 10's to 100.
- 2-D and 3-D shapes. Circle, Triangle, Square, Cube, Cone, Sphere etc.
- Addition and subtraction.  
 $1 + 5 = 6$     $5 - 6 = 1$

## Reminders:

- Review, complete and submit all homework in a timely manner.
- Provide excuse notes for all absences.
- Communicate any transportation changes to your child's teacher.
- Provide water/water bottle and snacks every day.
- Bring your backpacks to school every day.

Thank you parents, for all your continued support and cooperation.

The Kindergarten Team

## Teacher Contact Info:

H101: Vivian O. Patague [vopatague@gdoe.net](mailto:vopatague@gdoe.net)  
H102: Diana I. Quenga [diquenga@gdoe.net](mailto:diquenga@gdoe.net)  
H103: Gloria Mae Frias [gafrias@gdoe.net](mailto:gafrias@gdoe.net)

# FIRST GRADE



1<sup>st</sup> grade focus for January:

### ☆ Reading-

- Short Vowel sounds (Aa, Ee, Ii, Oo, Uu)
- Text and Graphic Features
- Comprehension

### ☆ Language-

- Adjectives (Size & Shape)
- Alphabetical Order

### ☆ Math-

- Numbers to 75
- Subtraction & Addition to 20

### ☆ Social Studies-

- Famous People and Events

### ☆ Health/Science-

- How we can stay fit?
  - Diet & Exercise

# SECOND GRADE

## Happy 2023 and Welcome Back Butterflies!

We hope you enjoyed the holidays with your family. We are now in the 2nd half of the school year. Thank you students for coming to school everyday and for continuing to strive to do your best. Thank you parents for your continued support and for always communicating with your child's teacher.

### Below are the skills that we will continue to work on:

**Reading:** Story Structures, Character Conflict, and Fluency

**Language Arts:** Sentence Structures Using Nouns and Punctuations

**Spelling:** Short/Long Vowel Sounds, Consonant Blends, Base Words

**Math:** Addition and Subtraction Regrouping

### Friendly Reminders:

- Uniform should be worn at all times with the exception of Spirit Week or special dress up days.
- Absences should be accompanied by a note through the following: hand written, email, or through Class Dojo.
- Please inform the office or your child's teacher of any updated contact information: phone numbers, authorized persons and their phone numbers, and email addresses.

### Teacher Contact Information:

F102: Mr. J. Hoya [jrhoya@gdoe.net](mailto:jrhoya@gdoe.net)  
 F103: Ms. P.A. Quindara [pquindara@gdoe.net](mailto:pquindara@gdoe.net)  
 F104: Mrs. J. Santos [jdsantos@gdoe.net](mailto:jdsantos@gdoe.net)

# THIRD GRADE

Welcome back Parents/Guardians!

We hope you had a wonderful holiday season with your loved ones. The 3<sup>rd</sup> Grade Team is eager to get back into our daily routine of learning! This month, our students are learning the following skills:

Subject	Standard/Skill	I Can...
Language Arts	Nouns - Pronouns Verbs - Identifying verbs - Verb tenses	<ul style="list-style-type: none"> <li>• use possessive nouns correctly in sentences.</li> <li>• use pronouns correctly in sentences.</li> <li>• identify verbs in sentences.</li> <li>• use correct verb tenses in sentences.</li> </ul>
Reading	Literature/Informational Text - Ask and answer questions about a text - Main Idea	<ul style="list-style-type: none"> <li>• ask and answer questions to show that I understand the story.</li> <li>• determine the main idea of a given text.</li> </ul>
Math	Addition/Subtraction with and without regrouping to the thousands place value Multiplication Facts	<ul style="list-style-type: none"> <li>• add up to 4-digit numbers with and without regrouping.</li> <li>• subtract up to 4-digit numbers with and without regrouping.</li> <li>• recite the multiplication facts of a given number</li> </ul>
Science	Ecosystems	<ul style="list-style-type: none"> <li>• make a claim about the merit of a solution to a problem caused when the environment changes and the types of plants and animals that live there may change.</li> </ul>
Social Studies	Maps Citizenship (Voting) Branches of Government	<ul style="list-style-type: none"> <li>• identify the parts of a map.</li> <li>• find locations on a map using a map grid.</li> <li>• name cardinal and intermediate directions.</li> <li>• use a map key.</li> <li>• identify the 7 continents and 5 oceans.</li> <li>• describe the importance of voting for community leaders.</li> <li>• identify the 3 branches of government.</li> </ul>

Please keep updated with information about school events through our website or Instagram.

### Friendly reminders:

- ☆ Please join Class Dojo to communicate with your child's teacher. Thankyou to all those who are connected!
- ☆ Kindly have your child study their multiplication facts.
- ☆ Make reading a part of your daily routine.
- ☆ Practice your math facts and sight words daily.
- ☆ If your child is absent, make sure he/she brings in an excuse note upon their return (3 or more consecutive absences require a doctor's note).

- ☆ Provide current and updated contact numbers.

If you have any questions for your child's teacher, please call or email:

Mr. Villones, C-101, [mgvillones@gdoe.net](mailto:mgvillones@gdoe.net)  
 Ms. Flores, C-102, [miflores@gdoe.net](mailto:miflores@gdoe.net)  
 Mrs. Leon-Guerrero, C-103, [lhleonguerrero@gdoe.net](mailto:lhleonguerrero@gdoe.net)  
 Ms. Villanueva, C-104, [prvillanueva@gdoe.net](mailto:prvillanueva@gdoe.net)



# FOURTH GRADE

Welcome back, Butterflies! We hope you all had a wonderful Christmas break with your families! It's a new semester and that means new skills. Kindly review the standards and skills we are targeting this quarter.



## Reading:

**4.RI.5** I can describe the overall structure (e.g., chronology, comparison, cause/effect, problem/solution) of events, ideas, concepts, or information in a text or part of a text. I can summarize the text.



## FRIENDLY REMINDERS:

1. Stay connected and up-to-date on ClassDojo! → View announcements, reminders, photos, and communicate with your teacher regularly.
2. Kindly review and sign your child's planner daily after checking their homework.
3. If your child is ABSENT, kindly provide a valid excuse note. Three (3) or more absences will require a doctor's note.

## Language Arts



**4.L.1** I can demonstrate command of the conventions of standard English grammar and usage when speaking or writing.

**4.L.1c** I can use modal auxiliaries (can, may, must) to convey various conditions.

**4.L.1b** I can form and use progressive (e.g., I was walking; I am walking; I will be walking) verb tenses.

## Math:



**4.NBT.5** I can multiply a whole number of up to four-digits by a one-digit whole number, and multiply two two-digit whole numbers, by using equations, rectangular arrays, and/or area models.



## Guam History

**4.2.5** I can discuss reasons for the Spanish settlement on Guam.

**4.2.8** I can describe the political, economic, and social impact of Spanish colonization on Guam.

## Science



**4-ESS3-1** I can describe how energy and fuels come from natural resources and how their use affects the environment.

## Teacher Contact:

D101: Mrs. Padilla [lgpadilla@gdoe.net](mailto:lgpadilla@gdoe.net)  
(671)635-4363 ext. 6945

D103: Mr. Paet [sdpaet@gdoe.net](mailto:sdpaet@gdoe.net)  
(671)635-4363 ext. 6947

D104: Mrs. Conner [mmconner@gdoe.net](mailto:mmconner@gdoe.net)  
(671)635-4363 ext. 6948

# FIFTH GRADE

## Cheers to the New Year 2023!

To our hardworking students, here are some New Year's Resolutions to consider:

- ☆ Participate more in the classroom activities.
- ☆ Aim for better grades.
- ☆ Learn new skills.
- ☆ Eat healthier & exercise.
- ☆ Get adequate sleep.
- ☆ Be kind

## Important Standards to Focus on:

### Math:

#### CCSS.MATH.CONTENT.5.NBT.B.7

Add, subtract, multiply, and divide decimals to hundredths, using concrete models or drawings and strategies based on place value, properties of operations, and/or the relationship between addition and subtraction; relate the strategy to a written method and explain the reasoning used.

#### CCSS.MATH.CONTENT.5.NF.A.1

Add and subtract fractions with unlike denominators (including mixed numbers) by replacing given fractions with equivalent fractions in such a way as to produce an equivalent sum or difference of fractions with like denominators. This standard will be taught concurrently with 5.NF.A.2

#### CCSS.MATH.CONTENT.5.NF.A.2

Solve word problems involving addition and subtraction of fractions referring to the same whole, including cases of unlike denominators, e.g., by using visual fraction models or equations to represent the problem. Use benchmark fractions and number sense of fractions to estimate mentally and assess the reasonableness of answers. For example, recognize an incorrect result  $2/5 + 1/2 = 3/7$ , by observing that  $3/7 < 1/2$ .

### Reading:

#### CCSS.ELA-LITERACY.RL.5.3

Compare and contrast two or more characters, settings, or events in a story or drama, drawing on specific details in the text (e.g. how characters interact).

#### CCSS.ELA-LITERACY.RL.5.4

Determine the meaning of words and phrases as they are used in a text, including figurative language such as metaphors and similes.

### Language Arts:

**CCSS.ELA-LITERACY.L.5.1.B:** Form and use the perfect (e.g., I had walked; I have walked; I will have walked) verb tenses.

**CCSS.ELA-LITERACY.L.5.1.C:** Use verb tense to convey various times, sequences, states, and conditions.

#### CCSS.ELA-LITERACY.L.5.1.D:

Recognize and correct inappropriate shifts in verb tense.

There are more skills to learn and to master for the remainder of this school year. We encouraged all 5<sup>th</sup> graders to take on learning responsibly, stay focused and to succeed.

In addition, beginning this second semester we would like to remind our 5<sup>th</sup> grade students regarding inappropriate behaviors that might result to discipline referrals to the principal's office. **Students who incurred three discipline referrals due to major offenses will lose their privilege to join the Promotional and End of the Year activities.**

All students are highly encouraged to follow our school-wide expectations: **Be Safe; Be Responsible; & Be Respectful.**

Lastly, here's a beautiful quote to reignite our desire to learn and to regulate our behavior, **"The time is always right to do what is right."**  
-Martin Luther King, Jr.

# CHAMORU

## Tungo' Este Siha Na Palåbra

<i>Familia</i>	Family
<i>Nåna</i>	Mother
<i>Tåta</i>	Father
<i>Nånan biha/ Guella</i>	Grandmother
<i>Tåtan bihu / Guello</i>	Grandfather
<i>Che'lu</i>	Sibling
<i>Mañe'lu</i>	Siblings
<i>Che'lu låhi</i>	Brother
<i>Che'lu palåo'an</i>	Sister
<i>Tiha</i>	Auntie
<i>Tihu</i>	Uncle
<i>Prima</i>	Cousin (Female)
<i>Primu</i>	Cousin (Male)

<i>Nengkanno</i>	Food
<i>Fruta</i>	Fruit
<i>Gollai</i>	Vegetable
<i>Totche</i>	Meat
<i>Åggon</i>	Starch
<i>Fina'mames</i>	Dessert
<i>Intetnon Leche</i>	Dairy



# GIFTED AND TALENTED EDUCATION

For questions regarding the ATEs PreK GATE Program, please contact Mr. Coffman at the following:  
Work Phone: 671-635-4363  
Email: [jjcoffman@gdoe.net](mailto:jjcoffman@gdoe.net)

If you have any other questions about the ATEs K-5 GATE program, please feel free to contact Ms. Patubo at the following:  
Work phone: 671-635-4363  
Email: [lepatubo@gdoe.net](mailto:lepatubo@gdoe.net)

# ESL PROGRAM

## English as a Second Language Program

The ESL team wants to remind parents to turn in signed **Notice of Eligibility**.

We continue to administer annual testing which is now done online and placement tests for students who are new to GDOE. Our ESL team focus on literacy and language proficiency as we strive to support our homeroom teachers to target the needs of our English Language Learners.

Pull out services for Kindergarten will start as soon as schedule with the Kindergarten team is finalized.

If you have any questions about the ESL Program, do not hesitate to call the school at 671-6354363, or get in touch with the ESL Team: Buffi Burk, Johanna Duenas, and Maria Lourdes Felipe.





# Library Corner

January 2023

## Happy New Year, Butterflies!

Have fun reading and learning from home. Check out the library website (posted below) to access BrainPOP, Epic, and EBSCO. Check out the Dededo Branch Library with your family. Happy Reading!

## Visit the School Library

Staff from the Guam Public Library will be on campus during PTC on January 13 to issue library cards for student applicants. Stop by and get yours!

## Guam Public Library

Explore the Guam Public Library (GPL) in Hagatna or the Dededo Branch Library.

Dededo Branch Hours

Monday-Thursday 9am-12pm, 1pm-5:30pm

Friday 10am-12pm, 1pm-4pm

Contact GPL (671)475-4751

Dededo Branch (671)632-5503

## Library Laughs

- What section of the library can you get bitten by a snake?  
Hissssstory!
- What has a spine but, no bones?  
A book!
- What did the librarian say to the astronaut?  
You should find space for a book!

## Third Quarter Skills

- Reference section: atlas, dictionary, periodicals
- Genres: fairytales, adventure, mystery, science fiction, humor, horror, historical fiction, poetry
- Online research: EBSCO, search, keywords



Visit our library website: [sites.google.com/gdoe.net/ateslibrary](https://sites.google.com/gdoe.net/ateslibrary) and explore our Online Public Access Catalog (OPAC): [atrium.gdoe.net](https://atrium.gdoe.net)

# PARENT TEACHER ORGANIZATION



## **Rai and Raina Calendar of Events**

### **Tentative Dates to remember:**

- Jan. 5 (Thursday): 2<sup>nd</sup> Counting – 3:30 - 4:30pm in the school cafeteria
- Jan. 19 (Thursday): 3<sup>rd</sup> Counting – 3:30 - 4:30pm in the school cafeteria
- Feb. 2 (Thursday): 4<sup>th</sup> Counting – 3:30 - 4:30pm in the school cafeteria
- Feb. 16 (Thursday): 5<sup>th</sup> Counting – 3:30 - 4:30pm in the school cafeteria
- March 7 (Tuesday): Introduction of Rai & Raina Candidates (CHamoru Month Opening Ceremony)  
(Tentative Date/Time to be determined))
- March 10 (Friday): Final Counting – 3:30 – 6:00pm in the school library
- March 31(Friday): Rai & Raina Coronation (Tentative Date/Time to be determined)

Additional dates (Candidates in the Rai & Raina may be requested to attend other school activities.)

\*\*\*ALL dates and scheduled activities are subject to change.



# I AM A CLOSE CONTACT TO A COVID-19 POSITIVE CASE

IF YOU HAVE DIFFICULTY BREATHING, SEEK MEDICAL ATTENTION IMMEDIATELY.

## I DON'T FEEL SICK

Regardless of vaccination status, wear a well-fitting mask around other people for 10 days from exposure.

Get tested after 5 days from exposure.

Take extra precautions in the presence of people who are at higher risk for getting sick from COVID-19.

## I FEEL SICK

GET TESTED AND STAY HOME UNTIL YOU RECEIVE YOUR RESULTS

**POSITIVE**  
for COVID-19:

**ISOLATE:**  
Stay at home and away from others within the household for 5 days after symptom onset. If symptoms are getting worse, call your doctor for guidance and treatment options or dial 911.

Wearing a well-fitting mask around other people for an additional 5 days is highly encouraged.

**NEGATIVE**  
for COVID-19

Regardless of Vaccination status, Wear a well-fitting mask around other people for 10 days from exposure.

Get tested after 5 days from exposure.

Take extra precautions in the presence of people who are at higher risk for getting sick from COVID-19.

## COVID-19 Oral Treatments are available at the following pharmacies:

**Mega Drug Pharmacy:** FHP Clinic (Please arrange for someone who is not positive to pick up the prescription for you)

**SuperDrug Pharmacy:** Oka, Tamuning (Drive-Through)

**Express Med Pharmacy:** Mangilao (Drive-Through)

**DPHSS Community Health Centers,** Dededo and Inalåhan. Please call 671-635-7400 or 671-635-4410

To receive the oral treatments, you must have a current laboratory confirmed COVID-19 infection and a referral from a prescribing physician.

For more information, call 311 and select option 1 on weekdays from 8 a.m. to 9 p.m. and on weekends and holidays from 8 a.m. to 5 p.m. or call 671-998-4527 or 671-998-4547



dphss.guam.gov/covid-19

## Close Contact Flow Chart – issued December 27, 2022

Based on Executive Order 2022-13 and DPHSS Guidance Memo 2021-16 Rev. 4.  
For official guidance, visit [dphss.guam.gov](https://dphss.guam.gov) or [CLICK HERE](#)

\*Close contacts are someone who was less than 6 feet away from an infected person (laboratory-confirmed or a clinical diagnosis) for a cumulative total of 15 minutes or more over a 24-hour period. For example, three individual 5-minute exposures for a total of 15 minutes. (Source: [cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html](https://cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html))

# I TESTED POSITIVE FOR COVID-19

## Isolate for 5 days regardless of vaccination status

### I DON'T FEEL SICK

#### **ISOLATE:**

**Stay at home and away from others** within the household for **5 days** after test date.

Wearing a well-fitting mask around other people for an additional 5 days is highly encouraged.

### I FEEL SICK

#### **ISOLATE:**

**Stay at home and away from others** within the household for **5 days** after symptom onset. If symptoms are **getting worse**, call your doctor for guidance and treatment options or **dial 911**.

Wearing a well-fitting mask around other people for an additional 5 days is highly encouraged.



#### **Steps to take while isolating:**

- Eat in a separate room or area; use a separate bedroom and bathroom. If sharing a bathroom, clean and disinfect after each use.
- Avoid sharing personal items like dishes, cups, silverware, towels, bedding or electronics (e.g., cellphone).
- Wear a well-fitting face mask.
- Wash your hands often using soap and water, or hand sanitizer; avoid touching your eyes, nose, or mouth with unwashed hands.
- Clean and disinfect "high touch" surfaces and items every day (tables, doorknobs, light switches, handles, desks, toilets, faucets, sinks, and electronics).

### **COVID-19 Oral Treatments are available at the following pharmacies:**

**Mega Drug Pharmacy:** FHP Clinic (Please arrange for someone who is not positive to pick up the prescription for you)

**SuperDrug Pharmacy:** Oka, Tamuning (Drive-Through)

**Express Med Pharmacy:** Mangilao (Drive-Through)

**DPHSS Community Health Centers,** Dededo and Inalåhan. Please call 671-635-7400 or 671-635-4410

To receive the oral treatments, you must have a current laboratory confirmed COVID-19 infection and a referral from a prescribing physician.

**For more information, call 311 and select option 1 on weekdays from 8 a.m. to 9 p.m. and on weekends and holidays from 8 a.m. to 5 p.m. or call 671-998-4527 or 671-998-4547**



[dphss.guam.gov/covid-19](https://dphss.guam.gov/covid-19)

#### **Symptoms Flow Chart for Positive Cases – issued December 27, 2022**

Based on Executive Order 2022-13 and DPHSS Guidance Memo 2021-16 Rev. 4.

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